

Ingrid Cæcilie Dam Lang
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EDUCATION

American University, Washington, DC *Fall 2025*
Washington Semester Program
Relevant Courses: *The U.S. Presidency, Women and Politics, Global Issues in a World in Crisis*
Oslo Metropolitan University (OsloMet), Oslo, Norway *June 2026*
Bachelor of Journalism
Relevant Courses: Feature Writing, Multimedia Journalism, Radio and Audio Production

EXPERIENCE

Freelance Journalist, SEIN Magazine – Copenhagen, Denmark (Remote) *March 2024 – Present*
- Write essays and personal features on youth, identity, and culture.
- Recent piece: “Et svar til Svend Brinkmann – Vi er skabt af både reb og kasser”.

Intern, NRK Culture – Oslo, Norway *Fall 2024*
- Covered cultural news and contributed to multimedia production for radio and podcast formats.
- Participated in editorial meetings and developed news and feature stories.

Radio Host and Producer, Radio Nova – Oslo, Norway *September 2023 – Present*
- Produced and hosted current affairs shows targeted at young audiences.
- Scripted, recorded, and edited weekly episodes and conducted interviews.

News Assistant / Contributor, P4 Group (P4-gruppen) – Oslo, Norway *June 2024 – Present*
- Assisted with newsroom research, audio editing, and live event coverage.
- Wrote and edited news briefs and entertainment content.

CAMPUS AND COMMUNITY SERVICE

Volunteer, ActionAid Kenya – Kenya *March – April 2023*

- Organized creative workshops and educational activities for local youth.

Participant, Testrup Højskole – Denmark *Jan – June 2022*

- Focused on theatre, philosophy, and music education.

Participant, Copenhagen Film and Photography School – Denmark *Sept – Dec 2022*

- Completed a course in fashion and documentary photography.

SKILLS

- **Computer:** Microsoft Office, Google Workspace, Adobe Premiere Pro (basic), Adobe Photoshop (basic),
- **Languages:** Danish (native), Norwegian (native), English (fluent)