

JAY JACOB WIND
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Jay Jacob Wind's missions are to see Arlington recognized as one of America's top communities for the sport of running and to achieve greatness in his age group, M65-69 since January 2015.

As of November 3, 2019, Jay finished 200 marathons (26.2-mile races) on the road, 13 more marathons on indoor or outdoor tracks, and more than 5,000 shorter races. His fastest marathon was Boston April 21, 1980, where he finished 68th in 2:27:25, just 5:38 short of qualifying for the US Olympic Trials. He ran the last 42 Marine Marathons, finishing 36, winning the 50-54 age-group twice. He finished Boston Marathon 34 times, including the last 24 in a row. As late as age 57, he continued to run sub-3:00 marathons. His recent bests were in 2012 at age 62, 3:18:00 at Houston (TX) Marathon and 3:21:25 at Hawk Indoor Marathon in Hagerstown MD. On December 31, 2013, at age 63, he ran 3:28:30 to WIN Hawk Indoor Marathon in Hagerstown MD overall, making him the 6th oldest man in history to win a marathon overall (at the time).

Jay's success extended both to longer races – in 1983, he won D.C. Road Runners Club's Fort Meade 50-miler; in 2014, he set the American men's record of 4:23 for the indoor 50 kilometer – and shorter races, where he earned All-American status at 3,000 meters (1.86 miles) every year 1995-2004, with a best of 9:37, two seconds behind Norman Green's 9:35 American M55-59 record. He ran all 10 Arlington Hospital 10Ks, finishing 2nd in 1980 and 3rd in 1989. He won Arlington YMCA Trick or Treat Trot 5K twice in 1989 and 1999 and the Y's Mother's Day 10K once. In his prime, Jay won Delaware Minuteman Marathon on May 17, 1980, in 2:32:12 and finished 3rd at DC Marathon and Historic Gettysburg Marathon in 1981.

Jay was inducted into Arlington Sports Hall of Fame in 2007. He was named Better Sports Club of Arlington's 2003 Sportsman of the Year; Potomac Valley Track Club's (PVTC) President's Award winner in 1999 and 2017 and Ed Barron Memorial Service Award winner in 2001; Seaboard Region United Synagogue of Conservative Judaism Men's Club 2002 "Blue Yarmulke Man of the Year," for organizing his temple's Mitzvah 5K; DC Road Runners Club 1998 Outstanding Male Masters Runner and 1980 Most Improved Male Athlete; Arlington County Board and Arlington Sun Gazette's 1997 Arlington "Community Hero" Award winner; Road Runners Club of America's 1994 National Volunteer Award winner; Washington Running Club 1983 Alfred Tom Felde Awardee for Outstanding Club Member; and one of *Metro Sports Magazine's* 2001 "Five Most Influential People in the DC area running community."

As a volunteer, Jay coached Arlington's Hershey Youth Track and Field Program 1987-1995 and co-founded PVTC's Young Flyers Track & Field Program in 1996 and coached it ever since, leading more than 2000 young runners to the finish line. Since 2002, Jay coached more than 2000 adult marathoners for many charities. Jay is a coach certified by both USATF and Road Runners Club of America. He also served as volunteer director of Wirefly / SunTrust National Marathon for all six years of its existence.

Jay has directed more than 700 races in the DC area. He started with Arlington's Toughest 10K in 1981, attracting more than 500 participants. In 1987, DC Road Runners Club appointed him as director of Arlington's All-Comers Indoor Track Meets at Thomas Jefferson Community Center. He built the meets into a regional attraction, with 500 athletes of all ages and abilities from all over the DC area and the East Coast. He directs Tidal Basin Run's monthly 1500M-3000M-5000M races. He directed Arlington-Fairfax Jewish Congregation (now called Congregation Etz Hayim)'s Mitzvah Run 5Ks 1998-2003; Arlington-based Vanguard Foundation's Run for Recovery 5K 2001-2002, where Angolan Olympic runner Aurelio "Miti" Handanga ran 13:58, the fastest 5K ever run on a USATF-certified course in Washington DC; Safety And Health Foundation's Potomac River Run Marathon and Half 2004-2017, raising more than \$400,000 for the marathon's partner charities; Friends of the W&OD 10K (the area's first "green" race); Grant-Pierce Indoor Marathon, where Michael Wardian set a world-record 2:27:12 in 2010; Abebe Bikila Day International Peace Marathon and Half; and Mobil Invitational / Adidas Invitational high school and masters' miles at George Mason University, where Julia Stamps set a national high school girls' record and Steve Scott set a national masters' record, both in 1991. Jay ran his PR of 4:44 at that one-mile race in 1991, two seconds behind Jim Ryun, American record-holder, Olympic runner, and member of Congress.

He serves Safety And Health Foundation as a director and contracts with 20 DC-area races each year as their expert consultant / race manager for document design, registration, logistics, and results. He serves as secretary of Potomac Valley Track Club and Marathon Charity Cooperation, and served as secretary of USA Masters Indoor Track & Field Championships in Landover MD in 2009 and 2013. For six years, 2006-2011, Jay served as volunteer director, including publicity responsibilities, for Greater Washington Sports Alliance's National Marathon, sponsored by Wirefly in its first year and by SunTrust in its next five years.

From 1999 to 2013, Jay wrote the weekly "Arlington Running Roundup" column for *Arlington Sun Gazette*, covering every Arlington race and top performances by Arlington runners locally and nationwide, promoting Arlington as a nationally-recognized running town. He focused particularly on Arlington's every-growing number of Boston Marathon entries and on Army Ten Miler and Marine Corps Marathon, which both start and finish in Arlington. Jay filed his last column from the press room after the 2013 Boston Marathon, covering the bombings and their tragic aftermath. "I poured out my heart on that one column, and after that, I couldn't say anything more," Jay explained. After Jay announced his retirement on 2013, his editor, David Facinoli, told Jay, "I'll always have space for you." Jay unretired to write columns about Boston Marathon, Army Ten Miler, and Marine Corps Marathon in 2014 through 2018.

Jay served on Arlington's Park & Recreation Commission 1991-1998, including two years as chairman. He chaired Arlington County's bond issue campaigns for parks and recreation every two years 1992-2012, raising over \$550 million for Arlington's parks. For this work, he received a Certificate of Appreciation from Northern Virginia Regional Parks Authority. He served Arlington County Civic Federation as its Park & Recreation Committee chair for 15 years, 1990-2015, and received its Certificates of Appreciation in April 2001 and April 2004.

Jay was born in Chicago, Illinois, and got his start running to and from Evanston Township High School. He graduated from University of Wisconsin – Madison in 1971 with a BA in Psychology and from University of Georgia in 1977 with an MBA in Management Science, with post-graduate work in advanced statistical methods. He moved to Arlington in 1978 to work 11 years for American Management Systems (now split into CACI and CGI), where he conceived, designed, developed, implemented, trained, and widely supported US EPA's first fully-interactive Geographic Information System, as well as many other projects. In 1991, he founded American Environmental Institute, which contracted directly with US EPA and other Federal agencies and subcontracted to more than 20 other Federal-agency contractors. He published many papers describing his work, including SAS Users Group International's first prize for Best Contributed Paper in 1989 and US EPA's Washington Information Center's first prize for Best Graphical Representation of Environmental Data in 1991. His last project for US EPA in 2002 for Children and the Environment Study used massively-parallel computer processing to solve a "P vs. NP" problem, one of Case Institute's "Seven Great Unsolved Problems of the Millennium." In his last job before he retired to be a full-time race director, he worked for The Centech Group, based in Falls Church VA, as manager of the Cost & Progress Project for the U.S. 2010 Decennial Census.

He continues professional work as webmaster for seven running clubs and many neighborhood organizations and as Chief Information Officer for Hybrid Pedals LLC and for Weiner Public News, owned by the former press secretary of White House Office of National Drug Control Policy ("the Drug Czar").

Jay was a certified Project Manager Professional (PMP) and Capability Maturity Model Integration (CMMI) auditor and held various Federal-agency clearances. He was also a national-level USA Track & Field certified official.

On December 8, 2017, Jay published his first novel, a science-fiction thriller entitled *The Man Who Stole The Sun*. The story unfolds on the day before Marine Corps Marathon and leads up to a dramatic tale of love, betrayal, and courage, built around the redemptive power of running. Along the way, you'll read about quantum mechanics, theoretical astrophysics, Stephen Hawking's work in depth, some Russian language, and some chess history. See www.arlingtonsunrise.com for a copy.

Jay is married to Estelle Roth, a music teacher in Arlington Public Schools and has three children, Paul (now 34 and a few seconds faster per mile than his old man), Julianna (33), and Rosalie (30), plus one grandchild, Ella (1).