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JULY 20, 2023

FOUR WORLD RECORDS FALL ON DAY ONE OF USATF MASTERS OUTDOOR CHAMPIONSHIPS

Greensboro, NC – Competition kicked off at the 2023 USATF Masters Outdoor Championships at North Carolina A&T State University on Thursday. The first day of competition saw a slew of records, highlighted by relay and individual age division world records.

A morning of 5,000m finals was highlighted by a women's world record in the 75-79 division. **Jeannie Rice** (Unattached) and **Nancy Rollins** (Unattached) made some noise in their age division, both bettering the previous American record of 26:55.11. Rice was a clear winner in 22:41.46, taking down the previous world record in the division in the process. Rollins took Rice's lead, crossing the finish line in 26:32.39 - more than 20 seconds faster than the previous American record.

Three age group world records went down in a slew of 4x800m relays on day one. The Central Park Track Club's 55-59 women's team (**Dominique Saint-Louis, Susan Pearsall, Judy Stobbe, and Jennifer Harvey**) ran a blazing 10:36.35 to better the existing record by nearly a second. The TNT International Racing Club made a statement in the women's 75-79 division as they chopped almost two minutes off of the existing record - set just last year at the 2022 USATF Masters Outdoor Championships in Lexington, Kentucky. **Nancy Berger** ran the lead leg, passing off to **Angela Stabb** on the back straight. Stabb gave the baton to **Mary Trotto**, handing off to **Cora Hill**, who made it to the finish line in 21:24.50. A third age group world record went down in the men's 85-89 division as the New England 65 Plus Runners Club (**Jerry LaVesseur, Joe Cordero, Bill Masterson, and Ram Satyaprasad**) clocked a 24:31.16.

Two age group American records were established in the men's 4x800 relays. The Greater Philadelphia TC's 11:12.2 by **Robert Reynolds, Robert Riss, Gary Haga, and Timothy Conheady** established a new record in the 65-69 division. In the non-club races, Scott Harmon, John Borthwick, Alejandro Heuck, and Mike Nier ran a 9:46.55 to establish a 55-59 record.

Kay Glynn (Unattached) pulled off an impressive winning tally in the women's 70-74 division of the pentathlon - raking in a whopping 3846 points to demolish the American record in the age division. Glynn kicked off the day with a 16.33 in her

strongest event -the 100m hurdles. She picked up valuable points with her 1.21m high jump and 4.00m long jump in events two and four and had solid showings in the shot put and 800m to break the existing American record of 2880 by nearly 1000 points.

The men's 85-89 pentathlon was a tight race throughout the day, with two competitors tallying totals higher than the existing age group American record of 1982. **Roger Vergin** (Unattached) was the first of the duo to take the lead, leaping 2.65m in the long jump over **Phil Shipp's** (AZ Desert Throwers) 2.32m. Shipp took the advantage after the javelin, landing a 24.55m heave to Vergin's 19.36m. Vergin answered in the third event, running 42.52 to Shipp's 47.30 in the 200m to take over the lead going into event four, before solidifying that lead with a 24.46m throw in the discus over Shipp's 17.87m. 88-year-old Vergin ran the 1500m in 11:06.35 to tally a 2136 American record over Shipp's 1993 tally.

An age group record was established in the 45-49 division of the women's 4x800m relay. The BLUEgrass Runners quartet (**Erin Rock, Shannon Florea, Wendy Welch, and Aseel Aziz-Gomez**) ran a quick 10:56.12 to establish the age division American record.

Lisa Wilson (Tracksmith) snagged the final American record of the day in the women's 35-39 hammer throw. Her 62.52m heave

in the second round nearly doubled her closest competitor's mark and took down the existing record by more than 10m.

Team Standings - Women

Atlanta Track Club - 107 points

Potomac Valley Track Club - 55 points

TNT International Racing Club - 51 points

Team Standings - Men

Greater Philadelphia TC - 136

Atlanta Track Club - 79

So Cal Track Club - 46

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