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**2019 USA Track & Field Masters Indoor Championships**

March 1-3, 2019 at JDL Fast Track

Winston-Salem, North Carolina

[www.usatf.org](http://www.usatf.org) - [www.usatfmasters.org](http://www.usatfmasters.org)

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**2019 USATF Masters Indoor Track & Field Championships begin in Winston-Salem, North Carolina, on Friday, March 1.**

**USATF Masters Indoor National Championships attract the best masters track and field athletes, aged 30 and up, from across the country and around the world.**

**This year more than 1000 athletes will compete in more than 2500 events.**

"Many of the athletes here are doing their final tune-up before going to Torun, Poland, to compete in the World Masters Indoor Championships, the highest level of competition of the masters track & field world. I couldn't be more proud of the U.S. Team; athletes, officials, financial contributors and administrators. We are truly working together to become the world's number one masters track and field team".

~ Rex Harvey Chair MTF

***(Winston-Salem, NC) – Friday-Saturday-Sunday, March 1-2-3, 2019, more than 1000 Masters Athletes come from all over the US to compete at JDL Fast Track.***

This year, many of the top US Track and Field athletes attend the Indoor Championships, including 130 North Carolina and 31 Winston-Salem-area athletes, and two area track teams -- Piedmont Pacers and Charlotte Track Club – are among 111 clubs present.

[Click this link for lists of NC athletes, all athletes, and club affiliations](#)

[https://docs.google.com/spreadsheets/d/1khctG24J4uB9xg6JJKF\\_KOXbpUNSS2o4\\_v9OB5bm3Gs/edit#gid=1694745451](https://docs.google.com/spreadsheets/d/1khctG24J4uB9xg6JJKF_KOXbpUNSS2o4_v9OB5bm3Gs/edit#gid=1694745451)

Among the 1026 competitors are 24 world record holders, 22 USATF Masters Hall of Fame members, 28 World Masters Association (WMA) world champions, and 153 returning national indoor champions from 2018. Also attending is WMA Outstanding Male Athlete of the Year Charles Allie, 71, of Pittsburgh, Pennsylvania, who competes in the sprints. Allie set the M70 world record in the 100m, 200m, and 400m last year. Also competing are former WMA Athletes of the Year Rita Hanscom (2009), Irene Obera (2016), and Bob Lida (2017), as well as 2018 WMA Middle Distance and Throws Runners up Leslie Hinz and Carol Finsrud.

The meet's six oldest nonagenarian competitors include well known 94-year old Dixon Hemphill and 96-year-old Roy Englert, who set world marks in the 90-94 and 95-99 age group indoors in the 800M, 1500M, and 3000M at 2018 USATF Masters Indoor National Championship in Landover, Maryland.

\*\*\*Athlete drug testing will be conducted at the Championships

**Additional information:**

Link to Event Schedule: <https://tinyurl.com/yxl7bf65>

**Media:** Media credential application: <https://tinyurl.com/yygz8o3r>

**World Masters Championship (WMA):** More than 200 USATF masters athletes go on to compete in the WMA Indoor Championships in Torun, Poland. Cheer on #TeamUSATF and follow the results on our social media accounts:

<https://www.facebook.com/usatfmasterstrack/>

<https://twitter.com/USAMastersTrack>

<http://Instagram.com/usatfmasters/>

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**About USATF Masters:**

USA Track & Field (USATF) is the national governing body for track and field, long-distance running and race walking in the United States. USATF Masters encompasses its over-30 division whose competitors exemplify lifelong fitness and competition. Visit the USATF website for more information at [www.usatf.org](http://www.usatf.org)